Selling Spirituality

Focusing on two popular practices—yoga and meditation—this seminar explores the ethics of commodifying Eastern spiritual practices. Does cultural appropriation apply to spiritual borrowings? Are yoga and meditation properly understood as religious, philosophical, or something else? How and to whom are these practices marketed?

Prof. Bucar is a scholar of religion and a certified yoga instructor. This course includes yoga and meditation experiential learning assignments and counts towards the philosophy or religious studies major elective, the religious studies major lived religion elective, or the philosophy, ethics, or religious studies minors. NU attributes: Engaging Difference & Diversity (DD); Interpreting Culture (IC).