

REBEKAH L. ROLLSTON

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FACULTY APPOINTMENTS

Harvard Medical School Center for Primary Care
Co-Instructor, Social Medicine
Boston, MA
July 2019 – Present

Tufts University School of Medicine
Clinical Associate
Boston, MA
July 2017 – Present

RESIDENCY TRAINING

Tufts University at Cambridge Health Alliance
Family Medicine Residency
Reproductive Health Concentration
Cambridge, MA
Expected Graduation: June 2020

EDUCATION

East Tennessee State University
James H. Quillen College of Medicine
Doctor of Medicine (MD)
Rural Primary Care Track (RPCT)
Johnson City, TN
Graduated May 2017

The George Washington University
Milken Institute School of Public Health
Master of Public Health (MPH)
Washington, D.C.
Graduated January 2017

Milligan College
BA; Biology/Chemistry/Spanish
Milligan College, TN
Graduated May 2011

University of Salamanca
Spanish Language Studies
Salamanca, Spain
Fall Semester 2010

PROFESSIONAL/GRADUATE SCHOOL HONORS

AAFP Award for Excellence in Graduate Medical Education
Delta Omega Honorary Society in Public Health
Gold Humanism Honor Society

ACADEMIC EXPERIENCE

Robert Graham Center, Larry A. Green Scholar; Correlative research between sex education legislation by state & each state's respective sexual health indicators (August 2019)
Reproductive Health Access Project (RHAP), *Contraceptive Pearls* Contributor (June 2019 – Present)
Harvard Home for Family Medicine & Harvard Medical School Family Medicine Interest Group (FMIG), Resident Representative (AY 2018-2019, AY 2019-2020)
AAFP Foundation Family Medicine Leads (FML) Emerging Leader Institute Scholar, Public Health & Policy Concentration (AY 2018-2019)
Tufts University School of Medicine Course Faculty; *Healer's Art* (April – May 2018)
Child Family Health International, Sexual Health as a Human Right, Quito, Ecuador; Public Health Immersion Experience (February 2017)
George Washington University Public Health Course Tutor; *The Biologic Basis for Disease in Public Health* (July – September 2016)
George Washington University IRB-Approved Research Study Director; Cervical Cancer Risk in Trans Men (April – September 2016)

George Washington University Global Women's Institute, Gender-Based Violence Research Intern; Mobile phone technology developed to respond to violence against women (April – June 2016)

PEER-REVIEWED PUBLICATIONS

"Promoting Cervical Cancer Screening Among Female-to-Male Transmasculine Patients." *The Fenway Institute* (May 2019). <<https://fenwayhealth.org/hpv-vaccination-and-regular-cervical-cancer-screening-needed-to-reduced-rates-of-cervical-cancer-among-transmasculine-men/>>.

FEDERAL GRANT REVIEW

Office of the Assistant Secretary for Health (OASH) & Office of Population Affairs (OPA) Peer Reviewer

- Embryo Adoption/Donation Services and Public Awareness Grants (July – August 2019)
- Title X Family Planning Services (FPS) Grants (February 2019)

Substance Abuse and Mental Health Services Administration (SAMHSA) Peer Reviewer

- Expansion of Practitioner Education Grants (August 2019)
- Rural Opioid Technical Assistance (ROTA) Grants (June – July 2019)

ACADEMIC PRESENTATIONS

"Malden Family Medicine Center Colon Cancer Screening Quality Improvement Initiative." Poster Presentation at Cambridge Health Alliance (CHA) Academic Poster Session (May 2019).

"Advocacy for Public and Private Health: Self-Managed Abortion—A Tale of Two Organizations." Oral Presentation at Society of Teachers of Family Medicine (STFM) Annual Meeting (April 2019).

"Needs Assessment & Gap Analysis to Address Nutritional Needs in the Malden Family Medicine Center (MFMC) Patient Population." Poster Presentation at Massachusetts Academy of Family Physicians Annual Meeting (March 2019).

"Advocacy and Leadership Development for Abortion Access." Oral Presentation at Family Medicine Education Consortium (FMEC) Annual Meeting (November 2018).

"An Automated Mindfulness and Biofeedback-Based Audio Intervention on Blood Pressure Readings Among Primary Care Patients: Development, Interprofessional Attitudes, and Pilot." Poster Presentation at Harvard Medical School Mysell Day (April 2018).

"Addiction as a Chronic Disease." Oral Presentation at Massachusetts Academy of Family Physicians Annual Meeting (March 2018).

"An Introductory Sexual Health Training for Medical Professionals." Workshop Presentation at Virginia Council for Nurse Practitioners (VCNP) Annual Meeting (March 2017).

"Cervical Cancer Risk in Trans Men." Oral Presentation at United States Professional Association for Transgender Health (USPATH) Scientific Conference (February 2017). *George Washington University Capital Connection Fund Research Award* received for conference expenses.

"Introduction to Telecommunication in Patient Care." Oral Presentation at American Medical Student Association (AMSA) National Primary Care Week (November 2016).

"Potential Sexual Changes Resulting from LEEP." Oral Presentation at International Society for the Study of Women's Sexual Health (ISSWSH) Annual Meeting (February 2016).

"Family Physicians' Knowledge of and Comfort with Patients' Sexual Health Concerns." Poster Presentation at Society of Teachers of Family Medicine (STFM) Meeting for Medical Student Education (January 2016); *STFM Special Recognition Award* received for this poster presentation.

"AMSA's Sexual Health Leadership Course." Poster Presentation at Sex & Gender Medical Education (SGME) Summit Meeting (October 2015).

"Is there a correlation between level of self-esteem in high school students and age at first sexual encounter with a partner (or partners)?" Poster Presentation at American Medical Student Association (AMSA) Annual Research Symposium (February 2015); Award received for this poster presentation in the category of *Curriculum Development & Education*.

"Health Needs Assessment: Prescription Drug Abuse, Hawkins County, Tennessee." Poster Presentation at American Medical Association (AMA) Research Symposium (November 2013).

“Autism and Childhood Vaccinations: Science and Pseudoscience Collide.” Oral Presentation at Alpha Chi National Meeting (April 2011); Award received for this presentation in the category of *Contemporary Bioethical Issues*.

PUBLISHED BLOG POSTS

American Public Health Association Medical Care Section:

- “Decriminalization of Drug Possession: Key to the Public’s Health and Health Equity.” The Medical Care Blog (December 2019). <https://www.themedicalcareblog.com/decriminalization_drug_possession/>.
- “Moving from Stigmatization to Healthy Sexuality: The Vital Role of Comprehensive Sex Ed.” The Medical Care Blog (August 2019). <<https://www.themedicalcareblog.com/vital-role-comprehensive-sex-ed/>>.
- “The State of Abortion in America in 2019.” The Medical Care Blog (June 2019). <<https://www.themedicalcareblog.com/state-of-abortion-usa-2019/>>.
- “Health Equity through the Lenses of Intersectionality and Allostatic Load.” The Medical Care Blog (February 2019). <https://www.themedicalcareblog.com/health_equity_intersectionality/>.
- “The Link Between Prescription Copayments, Contraceptive Adherence, and Unintended Pregnancy in the United States.” The Medical Care Blog (December 2018). <https://www.themedicalcareblog.com/prescription_copayments_contraceptive_adherence_unintended_pregnancy/>.
- “A Public Health Approach to Addressing Sexually Transmitted Infections.” The Medical Care Blog (August 2018). <<https://www.themedicalcareblog.com/addressing-stis/>>.
- “Medication-Assisted Treatment: A Vital Player in the Opioid Epidemic.” The Medical Care Blog (August 2018). <<https://www.themedicalcareblog.com/medication-assisted-treatment/>>.
- “Policy Analysis: Balancing Religious Freedom with the Right to Reproductive Healthcare.” The Medical Care Blog (June 2018). <<https://www.themedicalcareblog.com/policy-analysis-balancing-religious-freedom-with-reproductive-healthcare/>>.
- “The Social Determinants of Addiction.” The Medical Care Blog (February 2018). Top Ten Post of 2018. <<http://www.themedicalcareblog.com/the-social-determinants-of-addiction/>>.
- “Interpersonal Violence, Behavioral Health, and the Need for Improved Healthcare Delivery for Sex Trafficking Victims.” The Medical Care Blog (December 2017). <http://www.themedicalcareblog.com/need_for_improved_healthcare_delivery_for_sex_trafficking_victims/>.
- “Improving the Patient Care Experience among Persons of Varying Race, Ethnicities, and Languages.” The Medical Care Blog (November 2017). <<http://www.themedicalcareblog.com/improving-the-patient-care-experience-amongst-persons-of-varying-race-ethnicities-and-languages/>>.
- “The Intersection of Religion, Female Empowerment, and Access to Reproductive Healthcare.” The Medical Care Blog (June 2017). Top Ten Post of 2017. <http://www.themedicalcareblog.com/intersection_religion_female_empowerment_access_to_reproductive_healthcare/>.
- “Intimate Partner Violence: The Under-Addressed Pandemic.” The Medical Care Blog (March 2017). <<http://www.themedicalcareblog.com/intimate-partner-violence-under-addressed-pandemic/>>.
- “Discrimination in Trans Healthcare and the Call for Further Provider Education.” The Medical Care Blog (January 2017). <<http://www.themedicalcareblog.com/discrimination-in-trans-healthcare-need-for-provider-education/>>.
- “Economic Burden of the Opioid Epidemic.” The Medical Care Blog (September 2016). Top Ten Post of 2016. <<http://www.themedicalcareblog.com/economic-burden-opioid-epidemic/>>.

Our Bodies Ourselves:

- “Religion-Restricted Healthcare and its Effects on Reproductive Health Needs.” Our Bodies Ourselves (March 2018). <<https://www.ourbodiesourselves.org/2018/03/religion-restricted-healthcare-and-its-effects-on-reproductive-health-needs/>>.
- “The Sad State of Sexual Health Education in Physician Training.” Our Bodies Ourselves (January 2018). <<https://www.ourbodiesourselves.org/2018/01/the-sad-state-of-sexual-health-education-in-physician-training/>>.

Society of Teachers of Family Medicine:

“The Moment I Became More Human.” Society of Teachers of Family Medicine (STFM) Blog (June 2018). <<https://blog.stfm.org/2018/06/11/the-moment-i-became-more-human/>>.

Quillen College of Medicine:

“Beyond Borders: A Multi-Country Comparative Look at Approaches to Sexual & Reproductive Health.” Quillen College of Medicine Blog (April 2017). <<http://www.quillenstudents.com/single-post/2017/04/05/Beyond-Borders-A-Multi-Country-Comparative-Look-at-Approaches-to-Sexual-Reproductive-Health>>.

ADVOCACY WORK

Sexual health expert for *Mashable* publication, “Your most Googled ‘Can I get pregnant if...’ questions, answered” (October 2018). <<https://mashable.com/article/can-i-get-pregnant-if-questions-answered/#3kZBj97qXGqu>>.

Co-author of resolution “Oppose the Criminalization of Self-Induced Abortion,” adopted by Massachusetts Medical Society & American Academy of Family Physicians; *Featured on National Public Radio* (May 2018). <<http://www.wbur.org/commonhealth/2018/05/07/mass-medical-society-self-induced-abortion>>.

ACADEMIC COMMITTEES & PROFESSIONAL SERVICE

Residency:

American Academy of Family Physicians (AAFP) Reproductive Health Member Interest Group, Resident Officer (AY 2017-2018, AY 2018-2019, AY 2019-2020)

Massachusetts Medical Society (MMS)

- Committee on Oral Health, Resident Representative (AY 2019-2020)
- Committee on Public Health, Oral Health Representative (AY 2019-2020)

Massachusetts Academy of Family Physicians (MAFP)

- Delegate to the AAFP National Congress of Family Medicine Residents (AY 2018-2019)
- Public Health Workgroup, Resident Representative (AY 2018-2019, AY 2019-2020)
- Opioid Workgroup, Resident Representative (AY 2017-2018)

Cambridge Health Alliance (CHA)

- Clinic RhoGam Workflow Committee, Resident Representative (AY 2019-2020)
- LGBTQ+ Healthcare Equity Committee, Resident Representative (AY 2019-2020)
- Gender & Sexuality Consultation Service Curriculum Task Force, Family Medicine Resident Representative (AY 2017-2018)

Medical School:

AMSA Sexual Health Leadership Course

- Co-Director (AY 2015-2016, AY 2016-2017)
- Participant (AY 2014-2015)

Medical Student Education Committee; Student Representative & Voting Member (MS-1, MS-2, MS-3)

- Medical Student Education M1/M2 Course Review Subcommittee (Fall 2013 – Fall 2014)
- Medical Student Education M3/M4 Course Review Subcommittee (Spring – Fall 2015)
- Curriculum Integration Subcommittee (Fall 2014 – Fall 2015)
- Nutrition Working Group (Spring 2014 – Fall 2015)
- Doctoring Thread Working Group (Summer 2016 – Spring 2017)

COMMUNITY SERVICE

Volunteer with *Back on My Feet (Boston)* (January 2019 – Present)

- Back on My Feet is a national program to promote physical activity and provide education, employment, and housing opportunities for homeless persons. As a volunteer for Back on My Feet, I run weekly with individuals from Hope House, a residential treatment program for persons living with substance use disorder.

Self-esteem curriculum development; Northeast Tennessee high schools

- Curriculum developed spring 2014; delivered spring 2014, spring 2015

Mentor with *Tennessee Promise* Scholarship Program; Kingsport, TN (AY 2013-2014, AY 2014-2015)

- Tennessee Promise is a scholarship program for graduating high school seniors that pays for students' first two years of community college; all students in the program are provided a mentor to help guide them through the transition from high school to college.

Mentor with *Rise Up!* Mentoring Program; Johnson City, TN (May 2008 – May 2014)

- I had the opportunity to mentor a young woman from an underserved family throughout her middle and high school education.